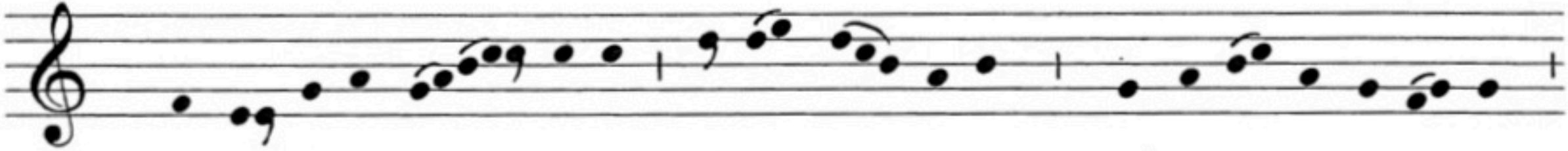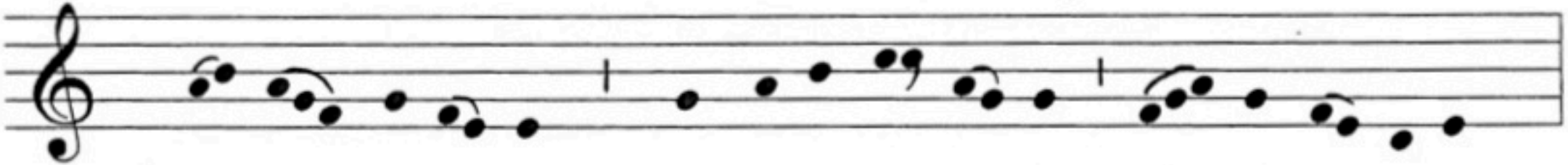Antiphona III *Iam adulta nuptui* (M-A3)