

## **Theory in Motion**

### **Challenges for Pattern Work**

1. For melodic patterns: Choose one or more solfège syllables (such as “do” or “do” and “sol”) to sing aloud and put everything else from the patterns in your head. Choose different syllables and do the same.
2. For rhythm patterns: Choose a rhythm element (such as du-de or du-da-di) to speak aloud and put everything else from the patterns in your head. Choose a different element and do the same.
3. Sing (or speak) each track. Then, see if you can perform all eight patterns from memory. If you can do that, see if you can perform all eight patterns OUT OF ORDER.
4. Listen to each track, and instead of echoing the pattern, perform a different pattern that you know.
5. Listen to a track, and instead of echoing the pattern, change the last pitch or beat. Then change the first. Then change the first and last. Use what you know for the changes.
6. Listen to a track, and instead of echoing the pattern, perform a completely different pattern WITHOUT SYLLABLES.